

GOD Time™

Day 4

Week | 03

Read Luke 6:37

We mess up all the time. We lie, we say unkind things, we whine to our parents, we disobey—the list goes on and on. And it's not really fair to expect God to forgive us when we don't forgive others, is it? So be quick to forgive others—to let it go even when you're mad, because that's what you want God to do for you.

Think of something someone did that made you really mad this week. Make a paper airplane and write the person's name on it. Then send it flying and shout, "I'm letting it GO!!"



KNOW that God will forgive us
when we mess up.

252 BASICS®

©2010 The reThink Group. All rights reserved | 08 • 10

GOD Time™

Day 1

Week | 03

Read Leviticus 19:18

Sometimes we like to stay mad at people, to punish them for messing with us. But God says it's not worth it. Our hearts get all gunked up when we hold onto our anger. Hurting someone because they hurt us never feels as satisfying in the end. God wants us to love our enemies and to let go even when people make us mad. It's the only way to get peace for yourself.



Write **Getting Even** on 7 sheets of toilet paper and flush 1 every day this week to help you decide each day to let go of getting even.

THANK God for letting go
of all our mistakes and loving us anyway.

252 BASICS®

GOD Time™

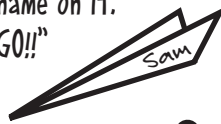
Day 4

Week | 03

Read Luke 6:37

We mess up all the time. We lie, we say unkind things, we whine to our parents, we disobey—the list goes on and on. And it's not really fair to expect God to forgive us when we don't forgive others, is it? So be quick to forgive others—to let it go even when you're mad, because that's what you want God to do for you.

Think of something someone did that made you really mad this week. Make a paper airplane and write the person's name on it. Then send it flying and shout, "I'm letting it GO!!"



KNOW that God will forgive us
when we mess up.

252 BASICS®

©2010 The reThink Group. All rights reserved | 08 • 10

GOD Time™

Day 1

Week | 03

Read Leviticus 19:18

Sometimes we like to stay mad at people, to punish them for messing with us. But God says it's not worth it. Our hearts get all gunked up when we hold onto our anger. Hurting someone because they hurt us never feels as satisfying in the end. God wants us to love our enemies and to let go even when people make us mad. It's the only way to get peace for yourself.



Write **Getting Even** on 7 sheets of toilet paper and flush 1 every day this week to help you decide each day to let go of getting even.

THANK God for letting go
of all our mistakes and loving us anyway.

252 BASICS®

GOD Time™

Day 2

Week | 03

Read Colossians 3:13

Sometimes it's a real "bear" to forgive our siblings because they know how to push all our buttons. But think about how many times you've messed up with God and how He's willing to forgive you. Probably a lot, right? Well, that's why we have to let go, even when our brothers and sisters make us mad: because God is willing to forgive us, over and over.



Make up a secret handshake with your siblings to use every time you get mad at each other. It's pretty hard to stay mad when you're doing something goofy!

ASK God to give you the patience to bear with your siblings!

252 BASICS®

GOD Time™

Day 3

Week | 03

Read Psalm 119:32

Have you ever noticed that when you forgive someone, you feel so relieved? Like a huge weight has been lifted and you could run a million miles? Maybe God made forgiveness feel so good because He wants us to do it (in fact, He made it a command). Try it. You'll see.

Tie your shoelaces together into several knots then try to untie them as fast as you can. Then go outside and run with all your might remembering that that's how forgiveness feels!



LOOK for ways to forgive this week and see how God sets you free!

252 BASICS®

GOD Time™

Day 2

Week | 03

Read Colossians 3:13

Sometimes it's a real "bear" to forgive our siblings because they know how to push all our buttons. But think about how many times you've messed up with God and how He's willing to forgive you. Probably a lot, right? Well, that's why we have to let go, even when our brothers and sisters make us mad: because God is willing to forgive us, over and over.



Make up a secret handshake with your siblings to use every time you get mad at each other. It's pretty hard to stay mad when you're doing something goofy!

ASK God to give you the patience to bear with your siblings!

252 BASICS®

GOD Time™

Day 3

Week | 03

Read Psalm 119:32

Have you ever noticed that when you forgive someone, you feel so relieved? Like a huge weight has been lifted and you could run a million miles? Maybe God made forgiveness feel so good because He wants us to do it (in fact, He made it a command). Try it. You'll see.

Tie your shoelaces together into several knots then try to untie them as fast as you can. Then go outside and run with all your might remembering that that's how forgiveness feels!



LOOK for ways to forgive this week and see how God sets you free!

252 BASICS®